**Myopia Treatment Plan for: *First Name***

**Treatment: Soft Multifocal Contact Lenses**

Date: *\_\_\_\_\_\_*

Prepared by: \_\_\_\_\_\_\_\_

**Reason for visit to:**

Myopic progression

**Relevant examination findings and family history:**

1. Progressive Myopia

2. Family eye history

3. Use of digital devices

4. Amount of time spent outdoors

5. Ethnicity

6. Age

**Recommendations:**

Based on the examination findings, family history and experience with similar cases, *First Name* is a candidate for myopia treatment. The first goal of treatment will be to reduce future progression of myopia as much as possible thereby possibly reducing *First Name*’s risk of other serious eye diseases later in life (for example glaucoma, retinal detachments and others) often associated with myopia. The second goal will be to reduce the need for stronger vision correction year after year.

**Recommended treatment is Soft Multifocal Contact Lenses:**

This treatment uses specially designed contact lenses to change how light is focused in the back of the eye to reduce the progression of myopia.

The contacts are worn like other, traditional contact lenses. They are used during the day and removed for sleeping. While the intent of treatment is to slow down *First Name*’s rate of progression of myopia, clear day time vision without the need for eyeglasses is an added benefit.

We anticipate a period of active care of about one month while we fit and optimize the contact lenses. Missing appointments interferes with progress and will prolong treatment time.

**Next steps for Soft Multifocal Contact Lenses treatment for myopia management:**

After payment is received, we will design and order the appropriate lenses. It takes approximately one week to have them delivered to our office. At that time, *First Name* and a parent/guardian will be instructed on how to use and care for them. The care of the lenses is easy and takes about two minutes each night. Some lenses require no maintenance and are discarded at the end of each day. Not all types of lenses are appropriate for all patients and the lenses we have chosen for *First Name* should optimize the treatment outcome.

If the lenses fit properly at that first visit, they can be worn home so treatment can begin immediately. Vision should be clear with the lenses on, although initially it may be slightly blurry. Of course, should *First Name* experience any problems with the lenses, they should be gently removed as instructed during initial training.

The majority of patients achieve excellent vision within the first few hours of wear. However, since the goal of treatment isn’t to necessarily provide eyeglass-free day time vision, but to reduce the progression of myopia, even after *First Name* is seeing well, we will continue monitoring several factors of the eyes to ensure they are adapting to treatment. Most patients are done with this initial follow up care in about one month, although some may take more or less time.

Families should allow 3-4 visits over about a one-month period. While the degree of success in slowing down the rate of myopia is usually good, it cannot be guaranteed. As with most medical treatments, rates of success, (amount of decrease of progression of myopia in this case) vary from one patient to the next.

**Fees for treatment:**

The fees charged are a total comprehensive fee. The fee is not dependent on the exact number of visits or diagnostic fitting lenses used. Appointments will be made as often as necessary to accomplish our mutual goal of slowing down the progression of myopia.

If circumstances beyond your or our control prevent you from continuing or completing your treatment, there are certain fees that cannot be refunded. Each case will be determined individually based on the amount of office time and lenses used up to that point. If the fee due exceeds the total of payments made, it is understood that you are responsible to pay the difference even though treatment has been discontinued. If the payments made exceed the fee for services, you will receive the appropriate refund.

Fees for the first two-years of treatment:

Payment Plan A - Monthly installments over 24 months

$169 per month for 24 months

Payment Plan B - Full 24 month treatment program

$4056 one time payment

\*If paid in full, a 5% discount will be applied for total cost $3833

This fee includes:

* Two annual comprehensive examinations, consultation, corneal bio-microscopy, corneal topography mapping, retinal imaging and axial length measurements
* As many visits as may be needed for two years to ensure proper eye health and optimal myopia management, including as many visits as necessary for lessons on how to apply, remove and care for the lenses
* Two year supply of contact lenses (one supply dispensed at each annual visit)
* Starter kit of cleaning solution for lenses (note that not all lenses require this kit)

Fees for successive years of treatment:

Currently $1300 per year

* Comprehensive examination, corneal bio-microscopy, corneal topography mapping, retinal imaging, and axial length measurements
* As many visits as may be needed to ensure proper eye health and ongoing optimal myopia management
* One year supply of soft multifocal lenses
* 2 starter kits of cleaning solution for lenses

This fee does not include:

* Lost, damaged or spare lenses. Additional or spare lenses are available at a cost of $75 each for lenses that are replaced quarterly and $65/box for those that are replaced daily. It takes about ten days to replace lenses.

Our goal is the best outcome for your child, and our fees are structured with no surprises so there are no extra costs if more visits are needed.

We accept major credit cards, checks, and cash and also offer a convenient financing plan. Our myopia coordinator can provide more details on this financing option.