

# Informed Consent for Spectacles Lens

Your child/ward has been diagnosed with myopia (nearsightedness), a condition causing blurry distance vision. Myopia may increase the risk of several sight-threatening diseases such as myopic macular degeneration, cataracts, glaucoma, retinal holes, and retinal detachments.

- Spectacle lenses are FDA-authorized and designed to slow the progression of myopia in children. They use a unique constellation of lens segments that create a treatment zone to reduce eye elongation while maintaining clear vision.
- While conventional eyeglasses correct vision, they do not slow myopia progression. These custom spectacle lenses offer both correction and control. Clinical studies have shown that children wearing custom spectacle lenses full-time experience significantly slower myopia progression compared to traditional lenses.

To help ensure the best possible outcome, it is critical that you keep all scheduled appointments

Office visits during the first year of treatment will usually be scheduled as follows

- 2 week,
- 3 month,
- 6 months following the first visit.

After the first year, an annual examination and custom spectacle lens evaluation is required to ensure ongoing optimal visual health and the stability of the therapeutic effect. Six-month monitoring visits will be scheduled on an ongoing basis as required.

There are alternative treatments available that may slow the rate of the progression of myopia. These include orthokeratology, atropine eye drops and certain soft contact lenses. Each of these has its own unique advantages, disadvantages, risks, and benefits. While conventional glasses or contact lenses compensate for the blurred vision from myopia, their use has not been shown to effectively slow myopic progression.

I, \_\_\_\_\_, agree to have my child/ward treated with custom spectacle lenses for the treatment of pediatric myopia and I acknowledge the following:

- I have been informed of the purpose and benefits of treatment with custom spectacle lenses and have been informed of other treatment options.
- All of my questions have been addressed and answered to my satisfaction and understanding.
- Not attempting to slow down the progression of myopia may also carry with it certain risks, including permanent vision loss, particularly later in life and in higher degrees of myopia.

My signature below confirms my understanding of the requirements for treatment with custom spectacle lenses. I further understand that failure to comply with the requirements may lead to termination from the treatment program.

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